



IPL ΠΑΝΕΛΛΗΝΙΑ ΛΙΓΚΑ
GREEK QUALIFICATION EVENT
FOR USPA MR OLYMPIA PRO POWERLIFTING 2018
SQUAT-BENCHPRESS-DEADLIFT
Mr/Mrs POWERLIFTER 2017
Mr/Mrs Squater-Benchpresser-Deadlifter

BW Category	Age	Place	Name	bw	Best Squat	SQ1	SQ2	SQ3	Wilks
W 52	Open	1	TAMVAKI Stamatina	52 Kgs	72.5	65	70	72.5	90.381
W 56	Open	1	TSIMPI Mairi	56 Kgs	145	135	145	ϑ	170.608
W 56	Open	2	SIAMATA Mariana	56 Kgs	140	120	130	140	164.725
W 60	Junior	1	VRAKOPOULOU Maria	59 Kgs	100	92.5	97.5	100	112.954
W 60	Open	1	EDO Judith	56.8 Kgs	115	95	110	115	133.813
W 60	Open	2	DYM Tatsiana	60 Kgs	75	70	75	80	83.617
W 67.5	Teen	1	KATSOULA Ioanna	65.9 Kgs	62.5	50	55	62.5	64.908
W 75	Junior	1	TZIOTAKI Irene	75 Kgs	92.5	70	80	92.5	87.934
W 75	Open	1	SIOKOU Mirenia	75 Kgs	82.5	77.5	80	82.5	78.428
W 82.5	Teen	1	IOANNIDI Zinovia	85.7 Kgs	92.5	85	85	92.5	81.685
67.5 (M)	Junior	1	MPERTSOS Athanasios	64.5 Kgs	135	120	127.5	135	108.051
67.5 (M)	Junior	2	SERPETSOGLOU Lazaros	67.2 Kgs	130	120	130	130	100.591
67.5 (M)	Junior	3	PAPANESTORAS Eystathios	65 Kgs	120	120	130	130	95.424
67.5 (M)	Open	1	KARAGIANNIS Ioannis	67.3 Kgs	145	142.5	142.5	145	112.064
67.5 (M)	Teen	1	KOURMOULAKIS Andreas	65.6 Kgs	150	135	145	150	118.371
75 (M)	Junior	1	TSOMPANIS Petros	75 Kgs	167.5	155	163	167.5	119.354
75 (M)	Junior	2	NTANTIS Nikolaos	73.8	165	145	155	165	118.915

				Kgs					
75 (M)	Open	1	KONSTANTINOU Christos	74.8 Kgs	237.5	210	225	237.5	169.549
75 (M)	Open	2	ROVOS Christos	73.7 Kgs	122.5	115	122.5	132.5	88.371
75 (M)	Teen	1	KIRETZIAN Iakovos	72 Kgs	170	155	170	185	124.730
75 (M)	Teen	2	MERTIKAS Dimitrios	73.3 Kgs	160	152.5	160	160	115.874
82.5 (M)	Junior	1	EVGENIKOS Emmanouel	80.3 Kgs	200	180	190	200	136.219
82.5 (M)	Junior	2	GKERDIDANIS Panagiotis	80.7 Kgs	200	180	200	205	135.797
82.5 (M)	Junior	3	KALATZIS Paraskevas	82.1 Kgs	185	185	192.5	192.5	124.295
82.5 (M)	Junior	4	PREKAS Vasileios	82.5 Kgs	152.5	130	140	152.5	102.161
82.5 (M)	Open	1	NALTSOGLOU Athanasios	82.5 Kgs	185	160	170	185	123.933
82.5 (M)	Open	2	RANTZA Nikolaos	81.5 Kgs	175	167.5	175	185	118.102
82.5 (M)	Open	3	STAMOPOULOS Michalis	81.7 Kgs	165	155	160	165	111.187
82.5 (M)	Open	4	ANTHIS Aristotelis	78 Kgs	160	150	160	170	111.026
82.5 (M)	Open	5	VENIERIS Nikolaos	81.4 Kgs	155	150	155	160	104.683
82.5 (M)	Teen	1	AGGAS Dimitrios	79.7 Kgs	202.5	175	195	202.5	138.575
82.5 (M)	Teen	2	MAGKOURIS Vasileios	77 Kgs	175	155	165	175	122.478
82.5 (M)	Teen	3	ZOULIANOS Nikolaos	77.2 Kgs	152.5	130	142.5	152.5	106.546
90 (M)	Junior	1	DIMITROKALIS Elias	89.7 Kgs	170	160	170	180	108.712
90 (M)	Junior	2	SIGALAS Anastasios	86.99 Kgs	167.5	140	157.5	167.5	108.862
90 (M)	Open	1	MITROPOULOS Paraskevas	89.7 Kgs	285	270	285	300	182.253
90 (M)	Open	2	SALASIDIS Michail	87.5 Kgs	195	170	180	195	126.335
90 (M)	Teen	1	KONSTANTAKIS Manolis	90 Kgs	180	160	170	180	114.911
90 (M)	Teen	2	MAVRODIMOS Alexandros	89 Kgs	170	157.5	165	170	109.152
90 (M)	Master	1	PERIVOLARIS Georgios	87 Kgs	180	170	180	187.5	116.979
90 (M)	Master	2	SIMEON Efstathios	90 Kgs	135	125	135	145	86.183
100 (M)	Junior	1	MAUROMICHALIS Anastasios	97.8 Kgs	240	225	235	240	147.403
100 (M)	Open	1	TOZIOLOS Konstantinos	99.9	260	240	260	0	158.297

				Kgs					
100 (M)	Open	2	ANTHIS Dimitrios	99 Kgs	227.5	200	215	227.5	139.018
100 (M)	Open	3	MPELEVRATIS Dimitrios	94.4 Kgs	180	180	180	185	112.289
100 (M)	Open	4	DASKALIS Christoforos	97.4 Kgs	180	165	172.5	180	110.744
100 (M)	Open	5	PETRAKOS Georgios	96.3 Kgs	172.5	160	165	172.5	106.653
100 (M)	Open	6	ARAMPATZIS Konstantinos	99.8 Kgs	160	160	170	180	97.452
100 (M)	Open	7	NIKOLOUZOS Daniil-Spyridon	98.8 Kgs	100	100	110	120	61.158
100 (M) Teen									
100 (M)	Teen	1	KLIRONOMOS Euaggelos	96 Kgs	220	190	200	220	136.207
100 (M)	Teen	2	POKAS Konstantinos	93.8 Kgs	192.5	177.5	187.5	192.5	120.441
100 (M)	Teen	3	ROUTSAI Leontian	92.9 Kgs	180	150	165	180	113.132
100 (M) Master									
100 (M)	Master	1	GRIGOROPOULOS Kiriakos	95 Kgs	220	180	200	220	136.846
100 (M)	Master	2	MILDAKOS Ippokratis	99.8 Kgs	170	160	170	177.5	103.543
110 (M) Junior									
110 (M)	Junior	1	KATRANARAS-OBIOMA Christoforos	106.8 Kgs	197.5	185	197.5	197.5	117.332
110 (M) Open									
110 (M)	Open	1	RALLIS Dimitrios	108 Kgs	330	330	350	350	195.329
110 (M)	Open	2	PAVLIDIS Panagiotis	109.9 Kgs	280	270	280	290	164.824
110 (M) Teen									
110 (M)	Teen	1	MAZANAKIS Georgios	105.5 Kgs	200	185	190	200	119.313
110 (M) Master									
110 (M)	Master	1	ALEXOPOULOS Konstantinos	105.8 Kgs	275	260	275	275	163.895
125 (M) Junior									
125 (M)	Junior	1	KARALLAS Giorgio	125 Kgs	300	285	300	∅	170.953
125 (M) Open									
125 (M)	Open	1	KOUNTOURIS Charalampos	124 Kgs	270	250	260	270	154.113
125 (M) Teen									
125 (M)	Teen	1	SOULIMENAS Konstantinos	122.8 Kgs	185	160	170	185	105.813
140 (M) Open									
140 (M)	Open	1	KOUKOUTSELAS Ioannis	131.6 Kgs	180	170	175	180	101.588
140+ (M) Master									
140+ (M)	Master	1	PAFILIAS Emmanoil	165 Kgs	245	235	245	252.5	133.692

BW Category	Age	Place	Name	bw	Best BP	BP1	BP2	BP3	Wilks
W 52	Open	1	TAMVAKI Stamatina	52 Kgs	35	35	40	0	43.632
W 56	Open	1	TSIMPI Mairi	56 Kgs	85	85	90	90	100.011
W 56	Open	2	SIAMATA Mariana	56 Kgs	45	40	45	47.5	52.947
W 60	Junior	1	VRAKOPOULOU Maria	59 Kgs	52.5	52.5	52.5	55	59.301
W 60	Open	1	MARONIKOLAKI Vasiliki	60 Kgs	95	90	95	0	105.914
W 60	Open	2	EDO Judith	56.8 Kgs	50	45	50	55	58.180
W 60	Open	3	DYM Tatsiana	60 Kgs	50	45	50	50	55.744
W 75	Junior	1	TZIOTAKI Irene	75 Kgs	40	40	50	0	38.026
W 75	Open	1	SIOKOU Mirenia	75 Kgs	42.5	40	42.5	47.5	40.402
W 82.5	Teen	1	IOANNIDI Zinovia	85.7 Kgs	52.5	52.5	52.5	55	46.362
56 (M)	Teen	1	DAMTSIAS Michail	54.7 Kgs	75	67.5	70	75	69.880
67.5 (M)	Junior	1	MPERTSOS Athanasios	64.5 Kgs	90	82.5	87.5	90	72.034
67.5 (M)	Junior	2	KOTSIS Vasileios	67.5 Kgs	87.5	87.5	90	90	67.464
67.5 (M)	Junior	3	PAPANESTORAS Eystathios	65 Kgs	85	85	87.5	87.5	67.592
67.5 (M)	Junior	4	SERPETSOGLOU Lazaros	67.2 Kgs	85	80	85	85	65.771
67.5 (M)	Open	1	KALIVAS Nikolaos	66.1 Kgs	110	100	105	110	86.264
67.5 (M)	Open	2	KARAGIANNIS Ioannis	67.3 Kgs	105	100	105	112.5	81.149
67.5 (M)	Teen	1	KOURMOULAKIS Andreas	65.6 Kgs	80	70	80	85	63.131
67.5 (M)	Master	1	PAGIDAS Eleutherios	67.5 Kgs	85	85	90	90	65.536
75 (M)	Junior	1	TSOMPANIS Petros	75 Kgs	105	105	105	107.5	74.819
75 (M)	Junior	2	NTANTIS Nikolaos	73.8 Kgs	102.5	95	102.5	107.5	73.872
75 (M)	Junior	3	VOGIATZIS Stamatis	75 Kgs	82.5	75	80	82.5	58.786
75 (M)	Open	1	KONSTANTINOU Christos	74.8 Kgs	145	130	140	145	103.514
75 (M)	Open	2	KATSOUKAS Nikolaos	71.5 Kgs	115	115	120	0	84.813
75 (M)	Open	3	ROVOS Christos	73.7 Kgs	110	100	105	110	79.354
75 (M)	Teen	1	DRAKOULIS Zacharias	69.9 Kgs	100	90	100	110	75.021

75 (M)	Teen	2	MERTIKAS Dimitrios	73.3 Kgs	87.5	75	80	87.5	63.369
82.5 (M)	Junior	1	EVGENIKOS Emmanouel	80.3 Kgs	127.5	120	127.5	132.5	86.840
82.5 (M)	Junior	2	KALATZIS Paraskevas	82.1 Kgs	115	110	115	120	77.265
82.5 (M)	Junior	3	GKERDIDANIS Panagiotis	80.7 Kgs	105	100	105	110	71.293
82.5 (M)	Junior	4	PREKAS Vasileios	82.5 Kgs	100	80	90	100	66.991
82.5 (M)	Open	1	MPALLAS Miltiadis	80.3 Kgs	140	120	130	140	95.353
82.5 (M)	Open	2	VENIERIS Nikolaos	81.4 Kgs	135	130	135	140	91.176
82.5 (M)	Open	3	RANTZA Nikolaos	81.5 Kgs	122.5	117.5	122.5	127.5	82.671
82.5 (M)	Open	4	NALTSOGLOU Athanasios	82.5 Kgs	100	100	107.5	107.5	66.991
82.5 (M)	Open	5	PRANTZALOS Konstantinos	79.8 Kgs	90	90	100	100	61.540
82.5 (M)	Teen	1	AGGAS Dimitrios	79.7 Kgs	110	100	110	0	75.275
82.5 (M)	Teen	2	MAGKOURIS Vasileios	77 Kgs	102.5	90	100	102.5	71.737
82.5 (M)	Teen	3	CHEROUVIM Michahlis	79.7 Kgs	102.5	95	102.5	105	70.143
82.5 (M)	Teen	4	ZOULIANOS Nikolaos	77.2 Kgs	95	85	95	100	66.373
90 (M)	Junior	1	GKEZIS Alexandros	87 Kgs	152.5	140	147.5	152.5	99.107
90 (M)	Junior	2	DIMITROKALIS Elias	89.7 Kgs	140	130	140	145	89.528
90 (M)	Junior	3	SIGALAS Anastasios	86.99 Kgs	107.5	95	102.5	107.5	69.867
90 (M)	Open	1	DAMTSIAS Konstantinos	89.1 Kgs	147.5	147.5	150	150	94.651
90 (M)	Open	2	KARYOTIS Panagiotis	88.2 Kgs	130	120	130	147.5	83.866
90 (M)	Open	3	PAPADOPOULOS Konstantinos	89 Kgs	122.5	115	122.5	0	78.654
90 (M)	Open	4	SALASIDIS Michail	87.5 Kgs	110	100	110	120	71.266
90 (M)	Teen	1	MAVRODIMOS Alexandros	89 Kgs	125	125	130	130	80.259
90 (M)	Teen	2	KONSTANTAKIS Manolis	90 Kgs	110	100	110	115	70.223
90 (M)	Master	1	KATSOUHAS Argyris	89.5 Kgs	145	145	152.5	152.5	92.831
90 (M)	Master	2	PERIVOLARIS Georgios	87 Kgs	112.5	112.5	120	120	73.112
90 (M)	Master	3	SIMEON Efstathios	90 Kgs	100	90	100	110	63.839

100 (M)	Junior	1	ELISSAIOS Adam	100 Kgs	165	160	165	170	100.417
100 (M)	Junior	2	MAUROMICHALIS Anastasios	97.8 Kgs	140	132.5	140	145	85.985
100 (M)	Open	1	TOZIOLOS Konstantinos	99.9 Kgs	200	180	190	200	121.767
100 (M)	Open	2	CHALKIADAKIS Georgios	92.8 Kgs	180	170	180	180	113.190
100 (M)	Open	3	VELONAS Dimitrios	96 Kgs	162.5	157.5	162.5	172.5	100.608
100 (M)	Open	4	ANTHIS Dimitrios	99 Kgs	140	140	150	160	85.550
100 (M)	Open	5	DASKALIS Christoforos	97.4 Kgs	127.5	120	127.5	127.5	78.444
100 (M)	Open	6	MPELEVRATIS Dimitrios	94.4 Kgs	115	115	117.5	117.5	71.740
100 (M)	Open	7	NIKOLOUZOS Daniil-Spyridon	98.8 Kgs	100	100	110	110	61.158
100 (M)	Open	8	PETRAKOS Georgios	96.3 Kgs	95	95	102.5	102.5	58.736
100 (M)	Teen	1	ROUTSAI Leontian	92.9 Kgs	130	130	130	140	81.706
100 (M)	Teen	2	KLIRONOMOS Euaggelos	96 Kgs	115	110	115	120	71.199
100 (M)	Teen	3	POKAS Konstantinos	93.8 Kgs	107.5	102.5	107.5	110	67.259
100 (M)	Master	1	MILDAKOS Ippokratis	99.8 Kgs	140	130	137.5	140	85.271
100 (M)	Master	2	GRIGOROPOULOS Kiriakos	95 Kgs	117.5	110	117.5	0	73.088
110 (M)	Junior	1	KATRANARAS-OBIOMA Christoforos	106.8 Kgs	157.5	150	157.5	157.5	93.568
110 (M)	Junior	2	CHATZIPANAGIOTIS Antonios	104 Kgs	120	115	120	125	71.951
110 (M)	Open	1	SARANTOU Kyriakos	103.5 Kgs	200	180	195	200	120.128
110 (M)	Open	2	RALLIS Dimitrios	108 Kgs	192.5	185	192.5	192.5	113.942
110 (M)	Open	3	KOUPRIZAS Dimitrios	108 Kgs	155	152.5	155	157.5	91.745
110 (M)	Teen	1	MAZANAKIS Georgios	105.5 Kgs	125	110	120	125	74.571
110 (M)	Master	1	ALEXOPOULOS Konstantinos	105.8 Kgs	217.5	205	212.5	217.5	129.626
125 (M)	Junior	1	KARALLAS Giorgio	125 Kgs	200	185	200	210	113.969
125 (M)	Open	1	TROMARAS Konstantinos	117 Kgs	200	185	192.5	200	115.691
125 (M)	Open	2	KOUNTOURIS Charalampos	124 Kgs	195	175	185	195	111.304

125 (M)	Open	3	SYKAS Alexandros	115.5 Kgs	170	155	170	170	98.665
125 (M)	Teen	1	SOULIMENAS Konstantinos	122.8 Kgs	120	100	110	120	68.636
140 (M)	Open	1	KOUKOUTSELAS Ioannis	131.6 Kgs	185	180	185	190	104.409
140+ (M)	Junior	1	SPYROU Ioannis	150.5 Kgs	150	150	170	170	82.955
140+ (M)	Master	1	PAFILIAS Emmanoil	165 Kgs	162.5	152.5	160	162.5	88.673

BW Category	Age	Place	Name	bw	Best Deadlift	DL1	DL2	DL3	Wilks
W 52	Open	1	TAMVAKI Stamatina	52 Kgs	75	65	70	75	93.498
W 56	Open	1	SIAMATA Mariana	56 Kgs	140	120	130	140	164.725
W 60	Junior	1	VRAKOPOULOU Maria	59 Kgs	130	112.5	120	130	146.840
W 60	Open	1	MARONIKOLAKI Vasiliki	60 Kgs	170	160	170	∅	189.531
W 60	Open	2	EDO Judith	56.8 Kgs	135	115	125	135	157.085
W 60	Open	3	KARPOUZI Maria	58 Kgs	110	90	90	110	125.918
W 60	Open	4	DYM Tatsiana	60 Kgs	100	90	95	100	111.489
W 67.5	Teen	1	KATSOULA Ioanna	65.9 Kgs	90	70	82.5	90	93.467
W 75	Junior	1	TZIOTAKI Irene	75 Kgs	95	80	95	110	90.311
W 75	Open	1	SIOKOU Mirenia	75 Kgs	95	87.5	92.5	95	90.311
W 82.5	Teen	1	IOANNIDI Zinovia	85.7 Kgs	120	115	120	125	105.970
67.5 (M)	Junior	1	PAPANESTORAS Eystathios	65 Kgs	177.5	165	172.5	177.5	141.148
67.5 (M)	Junior	2	SERPETSOGLOU Lazaros	67.2 Kgs	175	160	170	175	135.411
67.5 (M)	Junior	3	MPERTSOS Athanasios	64.5 Kgs	150	130	140	150	120.056
67.5 (M)	Junior	4	KOTSIS Vasileios	67.5 Kgs	140	110	125	140	107.942
67.5 (M)	Open	1	KALIVAS Nikolaos	66.1 Kgs	202.5	180	202.5	∅	158.805
67.5 (M)	Open	2	KARAGIANNIS Ioannis	67.3 Kgs	180	180	202.5	205	139.113
67.5 (M)	Teen	1	KOURMOULAKIS Andreas	65.6 Kgs	182.5	170	182.5	∅	144.019
67.5 (M)	Master	1	PAGIDAS Eleutherios	67.5 Kgs	120	110	120	122.5	92.522

75 (M)	Junior	1	TSOMPANIS Petros	75 Kgs	192.5	180	192.5	195	137.168
75 (M)	Junior	2	NTANTIS Nikolaos	73.8 Kgs	185	170	185	197.5	133.329
75 (M)	Junior	3	VOGIATZIS Stamatis	75 Kgs	145	130	135	145	103.321
75 (M)	Open	1	KONSTANTINOOU Christos	74.8 Kgs	255	235	255	262.5	182.042
75 (M)	Open	2	ROVOS Christos	73.7 Kgs	165	150	160	165	119.030
75 (M)	Open	3	MASTROMICHALIS Athanasios	75 Kgs	160	145	150	160	114.010
75 (M)	Teen	1	MERTIKAS Dimitrios	73.3 Kgs	180	170	180	ϕ	130.358
82.5 (M)	Junior	1	EVGENIKOS Emmanouel	80.3 Kgs	230	210	220	230	156.652
82.5 (M)	Junior	2	KALATZIS Paraskevas	82.1 Kgs	220	207.5	220	225	147.811
82.5 (M)	Junior	3	GKERDIDANIS Panagiotis	80.7 Kgs	200	180	200	200	135.797
82.5 (M)	Junior	4	PREKAS Vasileios	82.5 Kgs	182.5	160	170	182.5	122.258
82.5 (M)	Open	1	RANTZA Nikolaos	81.5 Kgs	202.5	187.5	195	202.5	136.661
82.5 (M)	Open	2	GEORGOPOULOS Ioannis	78.9 Kgs	200	180	192.5	200	137.750
82.5 (M)	Open	3	ANTHIS Aristotelis	78 Kgs	190	190	190	195	131.843
82.5 (M)	Open	4	PRANTZALOS Konstantinos	79.8 Kgs	190	170	190	200	129.918
82.5 (M)	Open	5	VENIERIS Nikolaos	81.4 Kgs	185	175	185	185	124.945
82.5 (M)	Open	6	NALTSOGLOU Athanasios	82.5 Kgs	180	160	170	180	120.583
82.5 (M)	Open	7	STAMOPOULOS Michalis	81.7 Kgs	170	150	160	170	114.556
82.5 (M)	Teen	1	CHALIKIAS Alexandros	81.6 Kgs	210	200	210	210	141.616
82.5 (M)	Teen	2	AGGAS Dimitrios	79.7 Kgs	200	170	190	200	136.865
82.5 (M)	Teen	3	MAGKOURIS Vasileios	77 Kgs	180	145	162.5	180	125.977
82.5 (M)	Teen	4	ZOULIANOS Nikolaos	77.2 Kgs	180	145	165	180	125.759
82.5 (M)	Teen	5	CHEROUVIM Micahlis	79.7 Kgs	170	140	150	170	116.335
90 (M)	Junior	1	DIMITROKALIS Elias	89.7 Kgs	200	180	200	210	127.897
90 (M)	Junior	2	SIGALAS Anastasios	86.99 Kgs	187.5	170	180	187.5	121.861
90 (M)	Open	1	PAPADOPOULOS	89 Kgs	260	250	260	ϕ	166.939

			Konstantinos						
90 (M)	Open	2	SALASIDIS Michail	87.5 Kgs	220	200	220	242.5	142.532
90 (M)	Teen	1	KONSTANTAKIS Manolis	90 Kgs	210	200	210	220	134.063
90 (M)	Teen	2	MAVRODIMOS Alexandros	89 Kgs	190	177.5	185	190	121.994
90 (M)	Master	1	PERIVOLARIS Georgios	87 Kgs	242.5	217.5	237.5	242.5	157.597
90 (M)	Master	2	KATSOULAS Argyris	89.5 Kgs	215	200	215	0	137.646
90 (M)	Master	3	SIMEON Efsthios	90 Kgs	180	160	170	180	114.911
100 (M)	Junior	1	MAUROMICHALIS Anastasios	97.8 Kgs	282.5	265	275	282.5	173.505
100 (M)	Open	1	VELONAS Dimitrios	96 Kgs	255	240	252.5	255	157.877
100 (M)	Open	2	TOZIOLOS Konstantinos	99.9 Kgs	250	230	250	260	152.208
100 (M)	Open	3	KALAMIDAS Panagiotis	97 Kgs	230	220	230	245	141.757
100 (M)	Open	4	ANTHIS Dimitrios	99 Kgs	230	220	230	242.5	140.546
100 (M)	Open	5	PETRAKOS Georgios	96.3 Kgs	212.5	190	205	212.5	131.384
100 (M)	Open	6	DASKALIS Christoforos	97.4 Kgs	200	190	200	210	123.049
100 (M)	Open	7	MPELEVRATIS Dimitrios	94.4 Kgs	190	190	192.5	0	118.527
100 (M)	Open	8	ARAMPATZIS Konstantinos	99.8 Kgs	180	160	170	180	109.634
100 (M)	Open	9	NIKOLOUZOS Daniil-Spyridon	98.8 Kgs	165	150	155	165	100.910
100 (M)	Teen	1	KLIRONOMOS Euaggelos	96 Kgs	240	240	255	255	148.590
100 (M)	Teen	2	ROUTSAI Leontian	92.9 Kgs	215	170	190	215	135.130
100 (M)	Teen	3	POKAS Konstantinos	93.8 Kgs	195	195	210	210	122.005
100 (M)	Master	1	GRIGOROPOULOS Kiriakos	95 Kgs	225	210	225	235	139.956
100 (M)	Master	2	MILDAKOS Ippokratis	99.8 Kgs	220	200	210	220	133.997
110 (M)	Junior	1	KATRANARAS-OBIOMA Christoforos	106.8 Kgs	247.5	220	235	247.5	147.036
110 (M)	Junior	2	CHATZIPANAGIOTIS Antonios	104 Kgs	190	190	0	0	113.922
110 (M)	Open	1	RALLIS Dimitrios	108 Kgs	330	330	0	0	195.329
110 (M)	Open	2	PAVLIDIS Panagiotis	109.9 Kgs	275	262.5	275	280	161.881
110 (M)	Open	3	KOUPRIZAS Dimitrios	108 Kgs	260	260	260	275	153.895
110 (M)	Open	4	SARANTOU Kyriakos	103.5	245	220	235	245	147.157

				Kgs					
110 (M)	Master	1	ALEXOPOULOS Konstantinos	105.8 Kgs	275	260	275	285	163.895
125 (M)	Open	1	KOUNTOURIS Charalampos	124 Kgs	280	260	270	280	159.820
125 (M)	Teen	1	SOULIMENAS Konstantinos	122.8 Kgs	225	200	215	225	128.692
125 (M)	Master	1	PANAGIOTIDIS Theodosios	114 Kgs	235	210	230	235	136.870
140 (M)	Open	1	PAPANIKOLAOU Pavlos	127 Kgs	210	190	200	210	119.292
140 (M)	Open	2	KOUKOUTSELAS Ioannis	131.6 Kgs	205	190	200	205	115.697
140+ (M)	Junior	1	SPYROU Ioannis	150.5 Kgs	200	200	200	225	110.607
140+ (M)	Master	1	PAFILIAS Emmanoil	165 Kgs	270	270	290	290	147.334

Mr Squat

Place	Name	bw	Best Squat	Wilks
1	RALLIS Dimitrios	108 Kgs	330	195.329
2	MITROPOULOS Paraskevas	89.7 Kgs	285	182.253
3	KARALLAS Giorgio	125 Kgs	300	170.953
4	KONSTANTINOOU Christos	74.8 Kgs	237.5	169.549
5	PAVLIDIS Panagiotis	109.9 Kgs	280	164.824
6	ALEXOPOULOS Konstantinos	105.8 Kgs	275	163.895
7	TOZIOLOS Konstantinos	99.9 Kgs	260	158.297
8	KOUNTOURIS Charalampos	124 Kgs	270	154.113
9	MAUROMICHALIS Anastasios	97.8 Kgs	240	147.403
10	ANTHIS Dimitrios	99 Kgs	227.5	139.018
11	AGGAS Dimitrios	79.7 Kgs	202.5	138.575
12	GRIGOROPOULOS Kiriakos	95 Kgs	220	136.846
13	EVGENIKOS Emmanouel	80.3 Kgs	200	136.219
14	KLIRONOMOS Euaggelos	96 Kgs	220	136.207
15	GKERDIDANIS Panagiotis	80.7 Kgs	200	135.797
16	PAFILIAS Emmanoil	165 Kgs	245	133.692
17	SALASIDIS Michail	87.5 Kgs	195	126.335
18	KIRETZIAN Iakovos	72 Kgs	170	124.730
19	KALATZIS Paraskevas	82.1 Kgs	185	124.295
20	NALTSOGLOU Athanasios	82.5 Kgs	185	123.933
21	MAGKOURIS Vasileios	77 Kgs	175	122.478

22	POKAS Konstantinos	93.8 Kgs	192.5	120.441
23	TSOMPANIS Petros	75 Kgs	167.5	119.354
24	MAZANAKIS Georgios	105.5 Kgs	200	119.313
25	NTANTIS Nikolaos	73.8 Kgs	165	118.915
26	KOURMOULAKIS Andreas	65.6 Kgs	150	118.371
27	RANTZA Nikolaos	81.5 Kgs	175	118.102
28	KATRANARAS-OBIOMA Christoforos	106.8 Kgs	197.5	117.332
29	PERIVOLARIS Georgios	87 Kgs	180	116.979
30	MERTIKAS Dimitrios	73.3 Kgs	160	115.874
31	KONSTANTAKIS Manolis	90 Kgs	180	114.911
32	ROUTSAI Leontian	92.9 Kgs	180	113.132
33	MPELEVRATIS Dimitrios	94.4 Kgs	180	112.289
34	KARAGIANNIS Ioannis	67.3 Kgs	145	112.064
35	STAMOPOULOS Michalis	81.7 Kgs	165	111.187
36	ANTHIS Aristotelis	78 Kgs	160	111.026
37	DASKALIS Christoforos	97.4 Kgs	180	110.744
38	MAVRODIMOS Alexandros	89 Kgs	170	109.152
39	SIGALAS Anastasios	86.99 Kgs	167.5	108.862
40	DIMITROKALIS Elias	89.7 Kgs	170	108.712
41	MPERTSOS Athanasios	64.5 Kgs	135	108.051
42	PETRAKOS Georgios	96.3 Kgs	172.5	106.653
43	ZOULIANOS Nikolaos	77.2 Kgs	152.5	106.546
44	SOULIMENAS Konstantinos	122.8 Kgs	185	105.813
45	VENIERIS Nikolaos	81.4 Kgs	155	104.683
46	MILDAKOS Ippokratis	99.8 Kgs	170	103.543
47	PREKAS Vasileios	82.5 Kgs	152.5	102.161
48	KOUKOUTSELAS Ioannis	131.6 Kgs	180	101.588
49	SERPETSOGLOU Lazaros	67.2 Kgs	130	100.591
50	ARAMPATZIS Konstantinos	99.8 Kgs	160	97.452
51	PAPANESTORAS Eystathios	65 Kgs	120	95.424
52	ROVOS Christos	73.7 Kgs	122.5	88.371
53	SIMEON Efstathios	90 Kgs	135	86.183
54	NIKOLOUZOS Daniil-Spyridon	98.8 Kgs	100	61.158

Mrs Squat

Place	Name	bw	Best Squat	Wilks
1	TSIMPI Mairi	56 Kgs	145	170.608
2	SIAMATA Mariana	56 Kgs	140	164.725
3	EDO Judith	56.8 Kgs	115	133.813
4	VRAKOPOULOU Maria	59 Kgs	100	112.954
5	TAMVAKI Stamatina	52 Kgs	72.5	90.381

6	TZIOTAKI Irene	75 Kgs	92.5	87.934
7	DYM Tatsiana	60 Kgs	75	83.617
8	IOANNIDI Zinovia	85.7 Kgs	92.5	81.685
9	SIOKOU Mirenia	75 Kgs	82.5	78.428
10	KATSOULA Ioanna	65.9 Kgs	62.5	64.908

Mr Bench Press

Place	Name	bw	Best Bench Press	Wilks
1	ALEXOPOULOS Konstantinos	105.8 Kgs	217.5	129.626
2	TOZIOLOS Konstantinos	99.9 Kgs	200	121.767
3	SARANTOU Kyriakos	103.5 Kgs	200	120.128
4	TROMARAS Konstantinos	117 Kgs	200	115.691
5	KARALLAS Giorgio	125 Kgs	200	113.969
6	RALLIS Dimitrios	108 Kgs	192.5	113.942
7	CHALKIADAKIS Georgios	92.8 Kgs	180	113.190
8	KOUNTOURIS Charalampos	124 Kgs	195	111.304
9	KOUKOUTSELAS Ioannis	131.6 Kgs	185	104.409
10	KONSTANTINOY Christos	74.8 Kgs	145	103.514
11	VELONAS Dimitrios	96 Kgs	162.5	100.608
12	ELISSAIOS Adam	100 Kgs	165	100.417
13	GKEZIS Alexandros	87 Kgs	152.5	99.107
14	SYKAS Alexandros	115.5 Kgs	170	98.665
15	MPALLAS Miltiadis	80.3 Kgs	140	95.353
16	DAMTSIAS Konstantinos	89.1 Kgs	147.5	94.651
17	KATRANARAS-OBIOMA Christoforos	106.8 Kgs	157.5	93.568
18	KATSOULAS Argyris	89.5 Kgs	145	92.831
19	KOUPRIZAS Dimitrios	108 Kgs	155	91.745
20	VENIERIS Nikolaos	81.4 Kgs	135	91.176
21	DIMITROKALIS Elias	89.7 Kgs	140	89.528
22	PAFILIAS Emmanoil	165 Kgs	162.5	88.673
23	EVGENIKOS Emmanouel	80.3 Kgs	127.5	86.840
24	KALIVAS Nikolaos	66.1 Kgs	110	86.264
25	MAUROMICHALIS Anastasios	97.8 Kgs	140	85.985
26	ANTHIS Dimitrios	99 Kgs	140	85.550
27	MILDAKOS Ippokratis	99.8 Kgs	140	85.271
28	KATSOUKAS Nikolaos	71.5 Kgs	115	84.813
29	KARYOTIS Panagiotis	88.2 Kgs	130	83.866
30	SPYROU Ioannis	150.5 Kgs	150	82.955
31	RANTZA Nikolaos	81.5 Kgs	122.5	82.671
32	ROUTSAI Leontian	92.9 Kgs	130	81.706
33	KARAGIANNIS Ioannis	67.3 Kgs	105	81.149

34	MAVRODIMOS Alexandros	89 Kgs	125	80.259
35	ROVOS Christos	73.7 Kgs	110	79.354
36	PAPADOPOULOS Konstantinos	89 Kgs	122.5	78.654
37	DASKALIS Christoforos	97.4 Kgs	127.5	78.444
38	KALATZIS Paraskevas	82.1 Kgs	115	77.265
39	AGGAS Dimitrios	79.7 Kgs	110	75.275
40	DRAKOULIS Zacharias	69.9 Kgs	100	75.021
41	TSOMPANIS Petros	75 Kgs	105	74.819
42	MAZANAKIS Georgios	105.5 Kgs	125	74.571
43	NTANTIS Nikolaos	73.8 Kgs	102.5	73.872
44	PERIVOLARIS Georgios	87 Kgs	112.5	73.112
45	GRIGOROPOULOS Kiriakos	95 Kgs	117.5	73.088
46	MPERTSOS Athanasios	64.5 Kgs	90	72.034
47	CHATZIPANAGIOTIS Antonios	104 Kgs	120	71.951
48	MPELEVRATIS Dimitrios	94.4 Kgs	115	71.740
49	MAGKOURIS Vasileios	77 Kgs	102.5	71.737
50	GKERDIDANIS Panagiotis	80.7 Kgs	105	71.293
51	SALASIDIS Michail	87.5 Kgs	110	71.266
52	KLIRONOMOS Euaggelos	96 Kgs	115	71.199
53	KONSTANTAKIS Manolis	90 Kgs	110	70.223
54	CHEROUVIM Micahlis	79.7 Kgs	102.5	70.143
55	DAMTSIAS Michail	54.7 Kgs	75	69.880
56	SIGALAS Anastasios	86.99 Kgs	107.5	69.867
57	SOULIMENAS Konstantinos	122.8 Kgs	120	68.636
58	PAPANESTORAS Eystathios	65 Kgs	85	67.592
59	KOTSIS Vasileios	67.5 Kgs	87.5	67.464
60	POKAS Konstantinos	93.8 Kgs	107.5	67.259
61	NALTSOGLOU Athanasios	82.5 Kgs	100	66.991
62	PREKAS Vasileios	82.5 Kgs	100	66.991
63	ZOULIANOS Nikolaos	77.2 Kgs	95	66.373
64	SERPETSOGLOU Lazaros	67.2 Kgs	85	65.771
65	PAGIDAS Eleutherios	67.5 Kgs	85	65.536
66	SIMEON Efstathios	90 Kgs	100	63.839
67	MERTIKAS Dimitrios	73.3 Kgs	87.5	63.369
68	KOURMOULAKIS Andreas	65.6 Kgs	80	63.131
69	PRANTZALOS Konstantinos	79.8 Kgs	90	61.540
70	NIKOLOUZOS Daniil-Spyridon	98.8 Kgs	100	61.158
71	VOGIATZIS Stamatis	75 Kgs	82.5	58.786
72	PETRAKOS Georgios	96.3 Kgs	95	58.736

Mrs Bench Press

Place	Name	bw	Best Bench Press	Wilks
1	MARONIKOLAKI Vasiliki	60 Kgs	95	105.914
2	TSIMPI Mairi	56 Kgs	85	100.011
3	VRAKOPOULOU Maria	59 Kgs	52.5	59.301
4	EDO Judith	56.8 Kgs	50	58.180
5	DYM Tatsiana	60 Kgs	50	55.744
6	SIAMATA Mariana	56 Kgs	45	52.947
7	IOANNIDI Zinovia	85.7 Kgs	52.5	46.362
8	TAMVAKI Stamatina	52 Kgs	35	43.632
9	SIOKOU Mirenia	75 Kgs	42.5	40.402
10	TZIOTAKI Irene	75 Kgs	40	38.026

Mr Deadlift

Place	Name	bw	Best Deadlift	Wilks
1	RALLIS Dimitrios	108 Kgs	330	195.329
2	KONSTANTINOY Christos	74.8 Kgs	255	182.042
3	MAUROMICHALIS Anastasios	97.8 Kgs	282.5	173.505
4	PAPADOPOULOS Konstantinos	89 Kgs	260	166.939
5	ALEXOPOULOS Konstantinos	105.8 Kgs	275	163.895
6	PAVLIDIS Panagiotis	109.9 Kgs	275	161.881
7	KOUNTOURIS Charalampos	124 Kgs	280	159.820
8	KALIVAS Nikolaos	66.1 Kgs	202.5	158.805
9	VELONAS Dimitrios	96 Kgs	255	157.877
10	PERIVOLARIS Georgios	87 Kgs	242.5	157.597
11	EVGENIKOS Emmanouel	80.3 Kgs	230	156.652
12	KOUPRIZAS Dimitrios	108 Kgs	260	153.895
13	TOZIOLOS Konstantinos	99.9 Kgs	250	152.208
14	KLIRONOMOS Euaggelos	96 Kgs	240	148.590
15	KALATZIS Paraskevas	82.1 Kgs	220	147.811
16	PAFILIAS Emmanoil	165 Kgs	270	147.334
17	SARANTOU Kyriakos	103.5 Kgs	245	147.157
18	KATRANARAS-OBIOMA Christoforos	106.8 Kgs	247.5	147.036
19	KOURMOULAKIS Andreas	65.6 Kgs	182.5	144.019
20	SALASIDIS Michail	87.5 Kgs	220	142.532
21	KALAMIDAS Panagiotis	97 Kgs	230	141.757
22	CHALIKIAS Alexandros	81.6 Kgs	210	141.616
23	PAPANESTORAS Eystathios	65 Kgs	177.5	141.148
24	ANTHIS Dimitrios	99 Kgs	230	140.546
25	GRIGOROPOULOS Kiriakos	95 Kgs	225	139.956

26	KARAGIANNIS Ioannis	67.3 Kgs	180	139.113
27	GEORGOPOULOS Ioannis	78.9 Kgs	200	137.750
28	KATSOULAS Argyris	89.5 Kgs	215	137.646
29	TSOMPANIS Petros	75 Kgs	192.5	137.168
30	PANAGIOTIDIS Theodosis	114 Kgs	235	136.870
31	AGGAS Dimitrios	79.7 Kgs	200	136.865
32	RANTZA Nikolaos	81.5 Kgs	202.5	136.661
33	GKERDIDANIS Panagiotis	80.7 Kgs	200	135.797
34	SERPETSOGLOU Lazaros	67.2 Kgs	175	135.411
35	ROUTSAI Leontian	92.9 Kgs	215	135.130
36	KONSTANTAKIS Manolis	90 Kgs	210	134.063
37	MILDAKOS Ippokratis	99.8 Kgs	220	133.997
38	NTANTIS Nikolaos	73.8 Kgs	185	133.329
39	ANTHIS Aristotelis	78 Kgs	190	131.843
40	PETRAKOS Georgios	96.3 Kgs	212.5	131.384
41	MERTIKAS Dimitrios	73.3 Kgs	180	130.358
42	PRANTZALOS Konstantinos	79.8 Kgs	190	129.918
43	SOULIMENAS Konstantinos	122.8 Kgs	225	128.692
44	DIMITROKALIS Elias	89.7 Kgs	200	127.897
45	MAGKOURIS Vasileios	77 Kgs	180	125.977
46	ZOULIANOS Nikolaos	77.2 Kgs	180	125.759
47	VENIERIS Nikolaos	81.4 Kgs	185	124.945
48	DASKALIS Christoforos	97.4 Kgs	200	123.049
49	PREKAS Vasileios	82.5 Kgs	182.5	122.258
50	POKAS Konstantinos	93.8 Kgs	195	122.005
51	MAVRODIMOS Alexandros	89 Kgs	190	121.994
52	SIGALAS Anastasios	86.99 Kgs	187.5	121.861
53	NALTSOGLOU Athanasios	82.5 Kgs	180	120.583
54	MPERTSOS Athanasios	64.5 Kgs	150	120.056
55	PAPANIKOLAOU Pavlos	127 Kgs	210	119.292
56	ROVOS Christos	73.7 Kgs	165	119.030
57	MPELEVRATIS Dimitrios	94.4 Kgs	190	118.527
58	CHEROUVIM Micahlis	79.7 Kgs	170	116.335
59	KOUKOUTSELAS Ioannis	131.6 Kgs	205	115.697
60	SIMEON Efsthios	90 Kgs	180	114.911
61	STAMOPOULOS Michalis	81.7 Kgs	170	114.556
62	MASTROMICHALIS Athanasios	75 Kgs	160	114.010
63	CHATZIPANAGIOTIS Antonios	104 Kgs	190	113.922
64	SPYROU Ioannis	150.5 Kgs	200	110.607
65	ARAMPATZIS Konstantinos	99.8 Kgs	180	109.634
66	KOTSIS Vasileios	67.5 Kgs	140	107.942
67	VOGIATZIS Stamatis	75 Kgs	145	103.321
68	NIKOLOUZOS Daniil-Spyridon	98.8 Kgs	165	100.910

69	PAGIDAS Eleutherios	67.5 Kgs	120	92.522
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Mrs Deadlift

Place	Name	bw	Best Deadlift	Wilks
1	MARONIKOLAKI Vasiliki	60 Kgs	170	189.531
2	SIAMATA Mariana	56 Kgs	140	164.725
3	EDO Judith	56.8 Kgs	135	157.085
4	VRAKOPOULOU Maria	59 Kgs	130	146.840
5	KARPOUZI Maria	58 Kgs	110	125.918
6	DYM Tatsiana	60 Kgs	100	111.489
7	IOANNIDI Zinovia	85.7 Kgs	120	105.970
8	TAMVAKI Stamatina	52 Kgs	75	93.498
9	KATSOULA Ioanna	65.9 Kgs	90	93.467
10	SIOKOU Mirenia	75 Kgs	95	90.311
11	TZIOTAKI Irene	75 Kgs	95	90.311

Mr Powerlifter

Place	Name	bw	Best Powerlifter	Wilks
1	RALLIS Dimitrios	108 Kgs	852.5	504.599
2	ALEXOPOULOS Konstantinos	105.8 Kgs	767.5	457.416
3	KONSTANTINOY Christos	74.8 Kgs	637.5	455.104
4	TOZIOLOS Konstantinos	99.9 Kgs	710	432.271
5	KOUNTOURIS Charalampos	124 Kgs	745	425.237
6	MAUROMICHALIS Anastasios	97.8 Kgs	662.5	406.893
7	EVGENIKOS Emmanouel	80.3 Kgs	557.5	379.710
8	PAFILIAS Emmanoil	165 Kgs	677.5	369.699
9	ANTHIS Dimitrios	99 Kgs	597.5	365.114
10	KATRANARAS-OBIOMA Christoforos	106.8 Kgs	602.5	357.936
11	KLIRONOMOS Euaggelos	96 Kgs	575	355.997
12	AGGAS Dimitrios	79.7 Kgs	512.5	350.715
13	GRIGOROPOULOS Kiriakos	95 Kgs	562.5	349.891
14	KALATZIS Paraskevas	82.1 Kgs	520	349.371
15	PERIVOLARIS Georgios	87 Kgs	535	347.688
16	GKERDIDANIS Panagiotis	80.7 Kgs	505	342.888
17	SALASIDIS Michail	87.5 Kgs	525	340.133
18	RANTZA Nikolaos	81.5 Kgs	500	337.434
19	KARAGIANNIS Ioannis	67.3 Kgs	430	332.326
20	TSOMPANIS Petros	75 Kgs	465	331.341
21	ROUTSAI Leontian	92.9 Kgs	525	329.968

22	DIMITROKALIS Elias	89.7 Kgs	510	326.136
23	NTANTIS Nikolaos	73.8 Kgs	452.5	326.116
24	KOURMOULAKIS Andreas	65.6 Kgs	412.5	325.521
25	MILDAKOS Ippokratis	99.8 Kgs	530	322.811
26	KOUKOUTSELAS Ioannis	131.6 Kgs	570	321.694
27	VENIERIS Nikolaos	81.4 Kgs	475	320.804
28	MAGKOURIS Vasileios	77 Kgs	457.5	320.191
29	KONSTANTAKIS Manolis	90 Kgs	500	319.197
30	DASKALIS Christoforos	97.4 Kgs	507.5	312.238
31	NALTSOGLOU Athanasios	82.5 Kgs	465	311.507
32	MAVRODIMOS Alexandros	89 Kgs	485	311.405
33	POKAS Konstantinos	93.8 Kgs	495	309.705
34	MERTIKAS Dimitrios	73.3 Kgs	427.5	309.601
35	PAPANESTORAS Eystathios	65 Kgs	382.5	304.164
36	SOULIMENAS Konstantinos	122.8 Kgs	530	303.141
37	MPELEVRATIS Dimitrios	94.4 Kgs	485	302.556
38	SERPETSOGLOU Lazaros	67.2 Kgs	390	301.773
39	SIGALAS Anastasios	86.99 Kgs	462.5	300.590
40	MPERTSOS Athanasios	64.5 Kgs	375	300.141
41	ZOULIANOS Nikolaos	77.2 Kgs	427.5	298.677
42	PETRAKOS Georgios	96.3 Kgs	480	296.772
43	PREKAS Vasileios	82.5 Kgs	435	291.409
44	ROVOS Christos	73.7 Kgs	397.5	286.755
45	SIMEON Efstathios	90 Kgs	415	264.934
46	NIKOLOUZOS Daniil-Spyridon	98.8 Kgs	365	223.226
47	DAMTSIAS Michail	54.7 Kgs	75	-10000.000
48	KALIVAS Nikolaos	66.1 Kgs	312.5	-10000.000
49	KOTSIS Vasileios	67.5 Kgs	227.5	-10000.000
50	PAGIDAS Eleutherios	67.5 Kgs	205	-10000.000
51	DRAKOULIS Zacharias	69.9 Kgs	100	-10000.000
52	KATSOUKAS Nikolaos	71.5 Kgs	115	-10000.000
53	KIRETZIAN Iakovos	72 Kgs	170	-10000.000
54	MASTROMICHALIS Athanasios	75 Kgs	160	-10000.000
55	VOGIATZIS Stamatis	75 Kgs	227.5	-10000.000
56	ANTHIS Aristotelis	78 Kgs	350	-10000.000
57	GEORGOPOULOS Ioannis	78.9 Kgs	200	-10000.000
58	CHEROUVIM Michalis	79.7 Kgs	272.5	-10000.000
59	PRANTZALOS Konstantinos	79.8 Kgs	280	-10000.000
60	MPALLAS Miltiadis	80.3 Kgs	140	-10000.000
61	CHALIKIAS Alexandros	81.6 Kgs	210	-10000.000
62	STAMOPOULOS Michalis	81.7 Kgs	335	-10000.000
63	GKEZIS Alexandros	87 Kgs	152.5	-10000.000
64	KARYOTIS Panagiotis	88.2 Kgs	130	-10000.000

65	PAPADOPOULOS Konstantinos	89 Kgs	382.5	-10000.000
66	DAMTSIAS Konstantinos	89.1 Kgs	147.5	-10000.000
67	KATSOULAS Argyris	89.5 Kgs	360	-10000.000
68	MITROPOULOS Paraskevas	89.7 Kgs	285	-10000.000
69	CHALKIADAKIS Georgios	92.8 Kgs	180	-10000.000
70	VELONAS Dimitrios	96 Kgs	417.5	-10000.000
71	KALAMIDAS Panagiotis	97 Kgs	230	-10000.000
72	ARAMPATZIS Konstantinos	99.8 Kgs	340	-10000.000
73	ELISSAIOS Adam	100 Kgs	165	-10000.000
74	SARANTOU Kyriakos	103.5 Kgs	445	-10000.000
75	CHATZIPANAGIOTIS Antonios	104 Kgs	310	-10000.000
76	MAZANAKIS Georgios	105.5 Kgs	325	-10000.000
77	KOUPRIZAS Dimitrios	108 Kgs	415	-10000.000
78	PAVLIDIS Panagiotis	109.9 Kgs	555	-10000.000
79	PANAGIOTIDIS Theodosis	114 Kgs	235	-10000.000
80	SYKAS Alexandros	115.5 Kgs	170	-10000.000
81	TROMARAS Konstantinos	117 Kgs	200	-10000.000
82	KARALLAS Giorgio	125 Kgs	500	-10000.000
83	PAPANIKOLAOU Pavlos	127 Kgs	210	-10000.000
84	SPYROU Ioannis	150.5 Kgs	350	-10000.000

Mrs Powerlifter

Place	Name	bw	Best Powerlifter	Wilks
1	SIAMATA Mariana	56 Kgs	325	382.397
2	EDO Judith	56.8 Kgs	300	349.078
3	VRAKOPOULOU Maria	59 Kgs	282.5	319.095
4	DYM Tatsiana	60 Kgs	225	250.850
5	IOANNIDI Zinovia	85.7 Kgs	265	234.017
6	TAMVAKI Stamatina	52 Kgs	182.5	227.511
7	TZIOTAKI Irene	75 Kgs	227.5	216.271
8	SIOKOU Mirenia	75 Kgs	220	209.141
9	TSIMPI Mairi	56 Kgs	230	-10000.000
10	KARPOUZI Maria	58 Kgs	110	-10000.000
11	MARONIKOLAKI Vasiliki	60 Kgs	265	-10000.000
12	KATSOULA Ioanna	65.9 Kgs	152.5	-10000.000